

Spring in Japan: Where Learning Meets Adventure

Exchange Semester Experience Spring 2025 ~ August 2025

Université Paris-Est Creteil, France



I had the great opportunity to go to Japan for one semester (Spring Semester), and this was my best experience till now!

I met many wonderful people, foreign students and Japanese students were very welcoming and helpful. Especially since I couldn't speak Japanese at the beginning.

The courses were all interesting, but my favorite one was the Japanese classes: I had so much fun learning about the language, the culture, the way of life!

About the difficulty of the courses, it depends on the subjects but if you're a minimum serious and do the homework regularly there should be no problem.

The campus in itself is big and had everything we need (cafeteria, konbini, library...), the teachers are nice and passionate about what they're teaching. Personally, it really motivates me to do my best.

Also, it's relatively close to the city center of Yokohama (20 minutes in bus) and Tokyo (1 hour on the subway). So, you can easily enjoy your stay in Japan after your classes and wander around.

Japan is a beautiful country, especially in Spring (I arrived in Japan during the Sakura season: What a lovely way to be welcomed!). But during the summer it can become really hot and humid so don't forget to take care of yourself.

During my stay here I visited many places in Tokyo, Yokohama but also in Osaka and Kyoto: each city was unique in its own way and worth visiting. I have beautiful memories that I will keep for my entire life

As I practice Aikido (since I'm seven years old), I was really happy to join the Aikido club of the YNU. It helped me a lot when I was feeling homesick and my advice for future exchange student would be to not hesitate to join clubs (there's a lot of choice, I even find a club about eating ramen!) because it is the best way to experience the life of Japanese students and make fantastic friends!